



Have you always wanted to improve your smile?

This month we are beginning a series of articles written by one of our principals, Stuart Crook, on how to achieve this using the Inman Aligner, bleaching & composite restorations. See page 3 for part 1 of the series.

We need your feedback - see page 4

Makeover at KDC

Over the last few weeks we have had the decorators in to give our entrance hall and upstairs waiting room a makeover. The tired yellow has gone and has been replaced by a lovely muted green and the beautiful original doors have been given a new lease of life with a fresh coat of white.

Thank you to our patients for putting up with the disruption and the smell of paint, we hope you like our makeover!



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Denplan

At the heart of dental care

ARE YOUR FAMILY COVERED?

Existing members of Denplan are entitled to discounts for each additional family member joining the scheme. If your family member joins your existing Denplan membership, a discount is applied to the new members monthly fee and the discount increases for each new family member you introduce.

If you are already a member of our affordable monthly payment scheme you will be aware of the excellent access to quality dental care that Denplan membership provides. All your regular dental treatment such as check-ups & hygiene visits, fillings, root canal treatment, preventative treatment and restorations is included. Plus emergency treatment is available 365 days of the year in the UK and worldwide.

Please ask at reception for more information or to make an appointment for an assessment for a family member.

K D C News

Practice Holidays

Please find details below of forthcoming practice holidays.

During these times emergency treatment will be available. Please call the practice during holidays on 01539 720302 for details of how to access emergency treatment

We will be closed on the following dates:

August Bank Holiday
Monday 28th August

1 week
Monday 25th Sept to Friday 29th Sept

Christmas Holidays
Friday 22nd Dec - Tuesday 2nd January

We will be open for emergencies on
Thursday 28th December 8.40am - 5.30pm

Welcome Lauren!

We are very excited to welcome Lauren Thompson, our new dental nurse, to our team.

Lauren will be joining us in August as an experienced dental nurse and we are sure she will be a great addition to the team.

We would like to wish her good luck in her new role and hope that she will be very happy at KDC



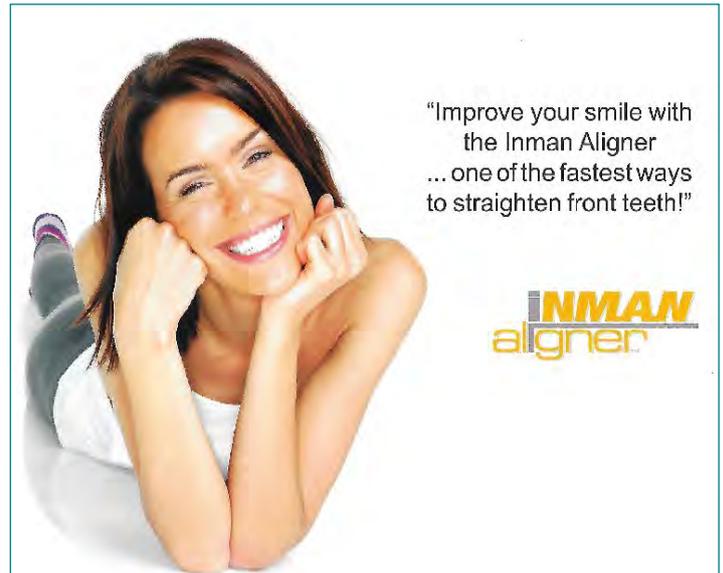
WELCOME TO OUR NEW 3 PART SERIES ON HOW TO AESTHETICALLY ENHANCE YOUR SMILE

Over the next three newsletters, one of our principals, Stuart Crook, will be writing a series of articles about the process and benefits of improving your smile with straightening, bleaching and composites

Part 1 - Straightening/Alignment

Part 2 - Bleaching

Part 3 - White (Composite) Restorations



Part 1—Straightening/Alignment

A great smile can work wonders for your self esteem. And whilst some of us are fortunate enough to have been born with one, most of us have not.

For a long time the only options available were fixed orthodontics (train tracks) or American style veneers which involved the removal of a lot of (usually) healthy tooth. This meant more of us begrudgingly accepted the status quo. Thankfully, science and art have developed rapidly and it is now possible for many of us to improve on those little imperfections whilst respecting nature.

This process can be as simple as ABC - Align, Bleach, Composite (white fillings).

Not everyone is suitable for this (fixed orthodontics may sometimes still be required) and we must already be able to care for our teeth and gums well.

The first in this series will look at A - Aligners

Aligners are an excellent way of correcting slightly crowded or crooked teeth. Unlike train tracks they are less obvious and as the tooth movements required are usually small, they are much quicker. As they are more gentle than traditional braces they also have fewer risks.

Inman Aligners are particularly useful and are my preferred choice of treatment.

For them to be effective they do need to be worn day and night, except when eating and brushing.

With any tooth movement, relapse is always possible and so after your teeth have been straightened, a little wire is glued to the back of them to hold them in their new position. Their speed and ease of use makes them a great option for correcting relapse of crowding from your time in braces as a teenager.

For further information please ask to see the casebook in reception, or speak to me at your next appointment.

Now that our teeth are straight, we can look to brighten them. Join me next time when we consider bleaching options.

Stuart

WE NEED YOUR FEEDBACK

We continually strive to improve our care and welcome feedback from patients.

It is important for us to know how you feel about our services and the treatment you receive and we value our patients opinion.

Please pick up one of the forms in reception or the upstairs waiting room and give us your opinion on how we are doing.

We consider your comments very carefully.

How did we do today?				
Your feedback is very important to us. To provide the best care and service, we need your feedback and we would be grateful if you could help us by completing a feedback form				
How likely are you to recommend us to others? Please tick				
Extremely Likely <input type="checkbox"/>	Likely <input type="checkbox"/>	Neither Likely Or Unlikely <input type="checkbox"/>	Extremely Unlikely <input type="checkbox"/>	Don't Know <input type="checkbox"/>
Comments				

What to do in a dental emergency

Where are you?



I'M HOME

Call the Denplan practice you're registered with. If they are closed and unable to see you, they should have an answer phone message with a number for you to ring in an emergency

If you are unable to get hold of anyone from your dental practice ring Denplan's Emergency Helpline on 0800 844 999



I'M IN THE UK AND MORE THAN 40 MILES FROM MY PRACTICE

You can visit any other dentist for advice or temporary emergency treatment up to your policy limits

If you need help locating a dentist phone the Denplan Emergency Helpline on 0800 844 999 who will help to find an appointment

If you arrange your appointment, keep the receipt and send in the claim form to Denplan for reimbursement (download it on www.denplan.co.uk/claimforms)



I'M ABROAD

You can see any dentist in an emergency and are covered for necessary temporary emergency treatment

Denplan does not have registered dentists overseas so we recommend that you ask your hotel concierge, tour operator representative or family, friends or colleagues for a recommended dentist in the area

If you need help or advice ring Denplan's 24-hour Worldwide Emergency Helpline on +44 1962 844 999

Ensure you keep the receipt for your temporary treatment to claim back when you return from holiday - find a claim form on www.denplan.co.uk/claimforms

What's covered?

- Emergency dental treatment when you are over 40 miles away from your registered Denplan dentist*
- Up to £10,000 worth of treatment following a dental injury
- Cover for out of hours consultations in the event of a dental injury or dental emergency
- A hospital cash benefit if you are admitted overnight for dental reasons
- Worldwide emergency dental treatment
- Mouth cancer cover up to £12,000

*When you're within 40 miles of your registered Denplan dentist you should speak to your practice regarding any emergency dental treatment needed, as this may be covered in your individual contract.

To find out more about the full terms and conditions, visit www.denplan.co.uk/patients

